



Larchfield Primary and Nursery School

Physical Education Intent, Implementation and Impact Statement

Intent

Larchfield Primary and Nursery School aims to inspire all children to develop a love of physical activity and sport. Children will develop an understanding of a healthy life-style, making connections between physical health and a healthy mind with the vision that supports our children's well-being and that they will continue to adopt a healthy lifestyle into their adult life. We aim to nurture confident, resilient children who will strive for their personal best through a high-quality physical education curriculum and whole child approach. We will provide a range of active experiences and opportunities in order to build character and help embed values such as fairness, teamwork and respect.

Implementation

Each class aims to deliver 2 hours of PE teaching each week which is carefully planned and mapped out to ensure a broad and full range of skills and activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons. Children in Years 3 and 5 attend swimming lessons where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes. The PE scheme of work progressively builds on key knowledge, skills and techniques. Pupils will be taught how to develop flexibility, strength, technique, control, agility, co-ordination and balance. They will be helped to master basic movements including running, jumping, throwing and catching and then given the opportunity to apply these in a range of activities. Children will be given the opportunity within lessons to work independently and within teams in both competitive and non-competitive situations. They are given opportunities to lead PE and participate in PE games with increasing confidence, developing their own speaking and listening skills. Children are helped to set themselves personal challenges and then taught the necessary skills to achieve them.

In addition to PE in curriculum time, we also strive to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs. In UKS2 children are given the opportunity to attend two residential which focus on physical activity and teamwork.

We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Develop enthusiasm for fitness and understand the importance of good diet and exercise

Resources

The school makes the most of its grounds and resources to support children's activity:

- A large field with football posts
- A daily mile track around the perimeter of the field
- A MUPA pitch with fixed basketball hoops markings for other sports including tennis, football, badminton and volleyball.
- A large indoor hall space
- Equipment stores with a variety of teaching resources.
- Membership of the Ascot and Maidenhead School Sport Partnership

Impact

Our children are constantly monitored through both formative and summative assessment. All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. Teachers plan PE with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access it at an age-appropriate level. As well as our regular PE lessons, we hold daily opportunities for physical activity such as The Daily Mile and playground games at lunchtimes. The children have the opportunity to take part in competitions and festivals throughout the school year.

In EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child. Key Stage One Pupils are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics. Key Stage Two Pupils continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions where their successes in sports are celebrated.

Wherever possible, meaningful links are made to other areas of the curriculum in terms of children's physical and mental wellbeing.